



# THUNDERBIRD COMMUNITY CENTRE SPRING & SUMMER 2026 RECREATION GUIDE



## REGISTRATION BEGINS:

**Catchment: Sat, Feb 21 | Public: Sat, Mar 7 | Summer Camps: Wed, Apr 8**

2311 Cassiar Street, Vancouver, BC, V5M 3X3 | 604-713-1818 | [thunderbirdcc@vancouver.ca](mailto:thunderbirdcc@vancouver.ca) | [www.thunderbirdcc.ca](http://www.thunderbirdcc.ca)

Jointly operated by the Thunderbird Neighbourhood Association and the Vancouver Board of Parks & Recreation





## THUNDERBIRD NEIGHBOURHOOD ASSOCIATION

### MISSION STATEMENT

Our mission is to provide educational, cultural, recreational and social service programs to the Thunderbird catchment area.

### TNA BOARD

#### Executive Directors

President..... Joan Poon

Secretary..... TBD

Treasurer..... Sandra Marino

#### Directors at Large

Samuel Ho, David La Vallee, Benny Mah, Tiffany Gu

#### Program Committee

David La Vallee, Iraj Khabazian, Tina Panella, Jessica Wong

### MEMBERSHIP

Membership in the Society is free to everyone who registers for a program or event, or purchases a Fitness Centre monthly pass at Thunderbird Community Centre. Parents or guardians who register their children for programs/events, Fitness Centre passes at Thunderbird CC automatically become members in the Society. Registered memberships expire each year on December 31.

**AGM Participation Membership:** Any person over 16 years old who is a member or pays the prescribed AGM Participation Fee, 30 calendar days prior to the AGM, can vote at our AGM. This membership is valid from Jan 1 to Dec 31.

### PROGRAM REGISTRATION

Program registration is on a first come first served basis. We accept cash, debit or credit cards. Please keep receipts for tax purposes. There will be a \$1 charge for each duplicate receipt.

### REFUND & TRANSFER POLICY

Programs may be cancelled and instructors may change during the season due to unforeseen circumstances. Refunds under \$5 will be issued as credit.

#### Regular Programs – per person/per course

- 2 days before the 2<sup>nd</sup> scheduled class for a prorated refund
- Refunds are subject to \$4 admin fee
- Transfers are subject to a \$2 admin fee

**One or two-day programs and out-trips** must be requested 48 business hours in advance unless otherwise noted. Business days are deemed Mon-Fri.

#### Day Camps (per child/per week)

- 14 days prior to the start date
- Refunds are subject to \$8 admin fee
- Transfers are subject to a \$4 admin fee

#### Birthday Parties

- Minimum 30 days prior to the party date for full refund minus \$25 admin fee
- 14-29 days prior to party date for deposit & 50% of party fee refund
- No refund less than 14 days before party date
- Transfers are subject to a \$4 admin fee; no transfers within 30 days of the scheduled party
- Birthday party transfers may only be made to a different date and cannot be transferred to a different child

### MISSED CLASSES & ATTENDANCE

Many of our programs are free or subsidized, and for this reason, we may withdraw a participant from a program when they have missed three consecutive classes. This allows for another participant to have the opportunity to join the program. If no registered participants arrive within 15 minutes of start time, the instructor may leave.

### NSF CHEQUES

\$35 admin fee for each returned cheque.

### LEISURE ACCESS PROGRAM

The Vancouver Park Board Leisure Access Program (LAP) provide Vancouver residents who have limited income 50% off one program, per season, per person or Fitness Centre monthly membership. If a program has additional sets, the discount can apply to all sets of the same program only. Please inform the Front Office staff to apply the discount to additional sets.

Applications for LAP are available at our front office. In order to qualify for the program, you must be a resident of Vancouver and meet family income guidelines on the application form. We do not retroactively apply LAP discounts – you must be active in the program at the time of registration.

For more information, contact the front office or visit [www.vancouver.ca/leisureaccess](http://www.vancouver.ca/leisureaccess).

### SUBSIDIES AVAILABLE

Most programs at Thunderbird are subsidized and the fees are set at the lowest reasonable rates. However, the Association may be able to provide additional subsidies upon request. Please email the Recreation Programmer or inquire at the front office for further subsidy information.

### SAFE ACCESS FOR EVERYONE

We are committed to creating welcoming parks and recreation services for all. We ask that our patrons treat each other and staff with dignity and respect.

### PRIVACY POLICY

Any personal information you provide to us is collected, used and disclosed in accordance with the Freedom of Information & Protection of Privacy Act (FOIPPA) and/or the Personal Information Protection Act (PIPA). The information will only be used for the purpose of administering recreation programs, informing you of our services and benefits and for statistical purposes.

## HOURS OF OPERATION

### SPRING (APR 1-JUN 26)

Mon-Fri . . . . . 9:00 am-9:00 pm  
 Sat . . . . . 9:00 am-5:00 pm\*  
 Sun . . . . . Closed  
 Apr 3 - Good Friday . . . . . Closed  
 Apr 6 - Easter Monday . . . . . Closed  
 May 18 - Victoria Day . . . . . Closed

**Fitness Centre:** Closes 10 minutes before building closure

\* Office closes at 4:30 pm

### SUMMER (JUN 27-SEP 6)

Mon-Fri . . . . . 8:45 am-8:00 pm  
 Sat/Sun . . . . . Closed  
 Jul 1 - Canada Day . . . . . Closed  
 Aug 3 - BC Day . . . . . Closed

**Fitness Centre:** Closes 10 minutes before building closure

## REGISTRATION

### In-Person at 2311 Cassiar St.

Catchment Residents\* - All Programs:  
 . . . . . Sat, Feb 21, 9 am  
 Public (Spr/Sum): . . . . Sat, Mar 7, 9 am  
 Public (Sum Camps) . . Wed, Apr 8, 7 pm

\*Catchment registration is in person only. Must bring proof of address. You may only register for yourself or immediate family.

### Online at [www.vanrec.ca](http://www.vanrec.ca)

Spring & Summer: . . . . Sat, Mar 7, 9 am  
 Summer Camps: . . . . Wed, Apr 8, 7 pm

### Phone us at 604-713-1818

Spring & Summer . . . . Sat, Mar 7, 12 pm  
 Summer Camps: . . . . Thu, Apr 9, 10 am

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## MEET THE STAFF

Community Youth Worker . . . . . Priya Bar	Recreation Facility Clerk . . . . . Aimée Mergaert
Family & Senior Worker . . . . . Lorraine Chow	Recreation Programmer . . . . . Gabrio Mannucci
Out of School Care Supervisor . . . . . Kristine Wong	Recreation Supervisor . . . . . Matthew Charan
Preschool Supervisor . . . . . Andrea Clark Geraghty	

## CATCHMENT REGISTRATION

Catchment registration allows priority registration for residents living between the north side of Grandview Hwy to the south side of East 1st Ave and the east side of Renfrew Street to the west side of Boundary Road.



Registration during catchment registration is for yourself or your immediate family. To be applicable for catchment registration, you must register in person and bring the following:

- 1 piece of government-issued photo identification (driver's license, BC ID, passport), and
- 1 piece of a bill issued within 30 days showing your name and address (BC Hydro, cable, internet bill), or
- for your child(ren), the most recent Thunderbird Elementary report card

## ACKNOWLEDGING THE UNCEDED TERRITORIES

Thunderbird Community Centre is situated on the unceded traditional territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and səliwətaʔ (Tsleil-Waututh) Nations.

## Thunderbird



604-713-1827 · [thunderbird.preschool@vancouver.ca](mailto:thunderbird.preschool@vancouver.ca)

Our long-running, licensed, and inclusive preschool provides a warm, caring, multicultural environment for 3-5 year olds. All teachers are experienced and certified Special Needs Early Childhood Educators.

### Waitlist Available for September 2026 - Fall Registration Starts March

Please email [thunderbird.preschool@vancouver.ca](mailto:thunderbird.preschool@vancouver.ca) to be added to the waitlist. AFFORDABLE CHILD CARE BENEFITS available. Contact Andrea for more information.

Thunderbird Preschool is now a \$10 a day child care centre.  
(Preschool is only \$7 a day)

Thunderbird Preschool follows the "Get Set for School®" curriculum to prepare our Pre-K's for Kindergarten. For more info: [www.lwtears.com](http://www.lwtears.com)

#### Morning Preschool (3-5 yrs old)

Monday to Friday 9:00 am-11:45 am (2.75 hours)  
FEES: \$140/month

#### Afternoon Preschool (3-5 yrs old)

Monday to Thursday 12:15 pm-3:00 pm (2.75 hours)  
FEES: \$112/month

### Meet the Staff

#### Andrea Geraghty, Supervisor

Andrea has been a preschool teacher at TBird CC for over 30 years. She was ECE trained at Kwantlan University College & completed her Special Needs training at Langara College.

#### Marina Lee, Special Needs Teacher

Marina is returning for her 8<sup>th</sup> year at TBird. She received her ECE, Special Needs and Infant/Toddler Diploma from Langara College. She also has a BSc from UBC.

#### Jenna Lee, Special Needs Teacher

Jenna joined our team this past fall. Jenna has over 10 years of experience in the field, holding a Special Needs/IT ECE Diploma in addition to a BCST, an MA in TESOL, and a BComm.

#### Kim Nguyen, Child Care Assistant

Kim is returning this year as our Child Care Assistant and Special Needs Support Teacher. Kim received her ECE Assistant Certificate from CAPU.

#### Aileen Pereira, Early Childhood Educator

Aileen was an ECE practicum student last year and we are happy to have her back part-time as a teacher and support worker. Aileen has her ECE training from Langara and is working on her special needs certificate.

## Out of School Care

For more information, contact Kristine at 604-713-1830 or Email: [tbirdosc@gmail.com](mailto:tbirdosc@gmail.com)



Our hours are 7:30 am- 9:00 am & 3:00 pm-6:00 pm on school days and 8:00 am-5:30 pm on full days.

Our program offers a wide variety of challenging and fun activities before and after school for children aged 5-12 years who attend Thunderbird Elementary School. We aim to provide a positive, safe and inclusive experience through social, recreational & physical activities.

Breakfast and after school snacks are provided daily.

**This program is currently full and accepting children on our wait list.**

Program Cost: Before and After School Care \$200/month





## Community Action Programs for Children (CAPC)

CAPC Programs 0-6yrs F.A.S.T.(Family & Staff Team) is committed to develop CAPC Families Branching Out as a parent-directed initiative that serves to increase the health and well being of young children and families. The team meets monthly to identify common issues that concern families and work together to develop programs, share resources & plan special events. Childcare and lunch are provided to ensure that the meeting is accessible.

### Spring

#### F.A.S.T. Meeting

**0-6 yrs • Instructor: Lorraine**

If you have a child 0-5 years old and would like to join the F.A.S.T. please email [lorraine.chow@vancouver.ca](mailto:lorraine.chow@vancouver.ca) for more information.

<b>W</b>	<b>12:15 pm-2:15 pm</b>
Apr 8	Frog Hollow NH
May 13	Collingwood NH
Jun 10	Kiwassa NH

#### Books For Me

**0-6 yrs • Instructor: Non-Instructional**

Books For Me runs one Monday a month with hundreds of new and gently used books for preschoolers on display. Each family member may choose one book to take home and keep as their own. Free

<b>M</b>	<b>Apr 13, May 11 &amp; Jun 8</b>	<b>10:00 am-11:00 am</b>
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#### Thundertots

**1-4 yrs • Instructor: Ronnie**

What is Physical Literacy? Join us Friday afternoons with your 1-4 years old and together you will explore motivation and confidence, physical competence, knowledge and understanding for engagement of physical activities for life. Parent participation is required. No program April 3. Free

<b>F</b>	<b>Apr 10 -Jun 19</b>	<b>12:30 pm-1:30 pm</b>
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### Family Drop In

**0-6yrs • Instructor: Clara & Ronnie**

Calling all parents with little ones for a variety of fun activities in the family drop-in. Educational toys, crafts and books are geared towards making learning fun. Parents have the opportunity to socialize and share information with each other. No program Apr 3, 6 & May 18.

<b>M W F</b>	<b>Apr 1-Jun 19</b>	<b>10:00 am-1:00 pm</b>
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#### Family Drop In & Grandma's Kitchen

**0-6 yrs • Instructor: Clara & Ronnie**

Join us for a multi-cultural lunch, led by grandparents in the community. There are visits from the health nurse who can answer questions, share resources and make referrals. Free

<b>Th</b>	<b>Apr 2-Jun 18</b>	<b>10:00 am-1:00 pm</b>
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#### Saturday Family Fun

**0-6 yrs • Instructor: Kim**

This program offers families with young children an opportunity to participate in a variety of fun activities, arts and crafts and time to socialize with other parents. Free

<b>Sa</b>	<b>Apr 4-Jun 20</b>	<b>10:00 am-1:00 pm</b>
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#### Parenting Workshops/ Services

We offer workshops and talks from various agencies and facilitators to support families on difficult issues. Learn about community resources, government programs, parenting in Canada, how to find employment, the school system and more. Watch for posters in the Family Drop-in. Free

**Daycare Providers:** A max of 3 children per daycare provider is permitted in our programs.

### Summer

#### Sunrise Family Fun

**Instructor: Clara and Ronnie**

Calling all Hastings Sunrise parents with little ones for a variety of fun activities. The program will run at Sunrise Park, located at 1950 Windermere Street. You will find us on the north side of the hall near the playground. No session July 1 & August 3. Free

<b>M W Th F</b>	<b>Jun 29 -Aug 20</b>	<b>10:00 am-1:00 pm</b>
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#### Family Drop In- Rainy Days Only

**Instructor: Clara & Ronnie**

This program location is a rainy day back up for Sunrise family fun. Calling all parents with little ones for a variety of fun activities in the family drop-in. Educational toys, crafts and books are geared towards making learning fun. Parents have the opportunity to socialize and share information with each other. No program Aug 3. Free

<b>M W Th F</b>	<b>Jul 2-Aug 20</b>	<b>10:00 am-1:00 pm</b>
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#### Families On The Move- Rocky Point Park

**0-6 yrs • Instructor: Clara & Ronnie**

Pack your lunch, snacks, hat and sunscreen for a day of fun! We will be taking public transportation to this destination. Some food is available for purchase in this park. You must have at least 1 child under 6 for this trip. Please see Clara or Lorraine to put your name on the interest list so we can invite you to register when it's time.

<b>F</b>	<b>Aug 21</b>	<b>9:30 am-3:00 pm</b>
604582	Adult	\$10
	Child 0-6 yrs	Free

# PRESCHOOL & CHILDREN | Program Schedule

PRESCHOOL & CHILDREN SPRING PROGRAMS					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>MCKids Minecraft</b> 8-12 yrs 3:30pm-4:30pm	<b>Art Jam</b> 4-5 yrs 3:30pm-4:30pm	<b>Young Phonics - K</b> 5-6 yrs 3:30pm-4:45pm	<b>Ukulele Lessons</b> 5-18 yrs 3:30pm-7:00pm	<b>Thundertots</b> 1-4 yrs 12:30pm-1:30pm	<b>Outdoor Soccer</b> 3-12 yrs 9:00am-9:45am 9:45am-10:45am
<b>Head Start Math – K</b> 5-6 yrs 3:30pm-4:45pm	<b>Public Speaking</b> 7-10 yrs 4:00pm-5:00pm	<b>Piano Lessons</b> 5-18 yrs 4:00pm-8:00pm	<b>Chess Club Int/Adv</b> 6-13 yrs 3:30pm-4:30pm	<b>Chinese Calligraphy</b> 6-13 yrs 3:30pm-5:00pm	<b>My First Dance Class</b> 2-4 yrs 9:30am-10:00am
<b>Mandarin Gr. 1</b> 7-9 yrs 3:30pm-4:30pm	<b>Dungeons &amp; Dragons</b> 11-14 yrs 4:15pm-6:15pm	<b>Young Phonics Gr. 1</b> 6-7 yrs 4:45pm-6:00pm	<b>Chess Club Nov/Str</b> 6-13 yrs 4:30pm-5:30pm	<b>Head Start Math Gr. 2</b> 7-8 yrs 3:30pm-5:00pm	<b>Snappy Snackers</b> 8-11 yrs 9:10am-10:00am
<b>Krafty Kids</b> 7-12 yrs 4:00pm-5:00pm	<b>Cartoon</b> 6-8 yrs 4:40pm-5:40pm	<b>Soccer</b> 6-8 yrs 5:00pm-6:00pm	<b>Anime Art Adventure</b> 8-13 yrs 4:30pm-5:30pm	<b>Piano Lesson</b> 5-18 yrs 3:30pm-6:30pm	<b>Piano Lessons</b> 5-18 yrs 9:30am-3:00pm
<b>Taekwondo Beginner</b> 6-18 yrs 4:35pm-5:30pm	<b>Active Jazz Funk, Pop Dance, &amp; K-Pop</b> 6-13 yrs 4:45pm-5:45pm	<b>Swim &amp; Skate</b> 8-12 yrs 5:00pm-9:00pm	<b>Karate</b> 7-18 yrs 5:30pm-7:00pm		<b>Little Ballerinas</b> 3-5 yrs 10:15am-11:00am
<b>Mandarin Gr. 2</b> 8-12 yrs 4:35pm-5:30pm	<b>Basketball</b> 6-8 yrs 5:00pm-6:00pm	<b>Soccer</b> 8-12 yrs 6:00pm-7:00pm			<b>Mini Chefs</b> 9-12 yrs 10:15am-11:15am
<b>MCKids Minecraft</b> 8-12 yrs 4:35pm-5:35pm	<b>A Ballet Time With Strength &amp; Stretch</b> 6-13 yrs 5:45pm-6:45pm				<b>Hip Hop Breakers</b> 3-5 yrs 11:05am-11:50am
<b>Head Start Math Gr. 1</b> 6-7 yrs 4:45pm-6:00pm	<b>Character Design</b> 9-12 yrs 5:50pm-6:50pm				<b>Hip Hop Jazz</b> 6-10 yrs 11:55am-12:55pm
<b>Drum/Guitar Lessons</b> 5-18 yrs 6:00pm-8:30pm	<b>Drum/Guitar Lessons</b> 5-18 yrs 6:00pm-8:30pm				<b>STEM It</b> 5-8 yrs 12:30pm-1:30pm
	<b>Basketball</b> 9-12 yrs 6:05pm-7:05pm				<b>123, ABCs</b> 4-6 yrs 1:45pm-2:45pm
	<b>Active Jazz Funk, Pop Dance - Family</b> +1 yrs 6:45pm-7:45pm				<b>Creative Reading &amp; Writing for Kids</b> 7-10 yrs 3:00pm-4:00pm

**Register early!** Classes will get cancelled if we do not meet minimum numbers of participants.  
Please note: schedule is subject to change due to instructor availability and enrolment numbers.

Legend: ● Arts/Music ● Dance ● Educational ● Sports

**PARENT/GUARDIAN RESPONSIBILITY**

All children under the age of 10 are required to have a parent, guardian or person 16 years or older supervise when not attending a registered program. The staff at Thunderbird are not responsible for children left unattended after programs have finished. Parents/guardians are responsible for picking up their children as soon as their programs have ended.

**DURING THE CLASS**

We kindly ask all parents/caregivers to wait outside the program space during their child's participation.

**PHOTOS/VIDEOS**

For the safety and privacy of all participants, please refrain from taking photos and videos of the class. Should Thunderbird CC staff take photos of the class, you will be asked to sign a consent form. Photos taken by staff may be used for the purposes of promotion, including in our Recreation Guides, website and social media.

**SUPPORTED PARTICIPANTS**

Participants that require additional support (i.e. support worker) during the program are welcome but the support worker must have a valid Police Information Check on file. Please speak with the Recreation Programmer for additional information.

**LATE PICK UP POLICY**

It is the responsibility of the parent/guardian to ensure that children under the age of 10 are picked up as soon as the program has ended. There will be a late fee of \$2 each minute per child for late pick up.

**PRESCHOOL**

**Dance**

**Active Jazz Funk, Hip Pop & KPOP Dance Sampler - Family**

**1+ yrs • Instructor: ILLUMA Studio**

As a family, come experience high dynamics cardio dancing! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Meet friends, have fun, and rise to a new challenge. Embrace teamwork while supporting classmates, have fun, and rise to a new challenge! No previous experience required; content is accessible and adapted to the learner's level. Both child and parent are required to register. Both registrations must be done separately. Bring your water bottle! Find us on FB/IG @illumastudio. Drop-in \$10, space permitting.

Tu Apr 7-Jun 9 6:45 pm-7:45 pm \$100/10 sess



**Parent and Tot Gym**

**6 mths-6 yrs • Instructor: Non-Instructional**

Jump on the bouncy castle or swing on the jungle gym! Join in on this time for your child to socialize and play in the gym. Parent participation is required. Organized birthday parties are not allowed during our parent & tot gym program. TSBC license #LAM0200026

Sa Apr 4-Jun 13 9:30 am-11:00 am \$2 drop-in, \$18/10 visit card

**Hip Hop Breakers**

**3-5 yrs • Instructor: Endorphin Rush Dance**

Calling all boys and girls! Let's move and groove! This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Through the season we will work on a choreographed dance. Get ready to cheer with gusto! Please bring a filled water bottle each day. www.KirbySnellDance.com.

Sa Apr 11-Jun 13 11:05 am-11:50 am \$70/10 sess

**Little Ballerinas**

**3-6 yrs • Instructor: Endorphin Rush Dance**

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love playing with their creative expression in this fun class. Children must be able to participate without a parent in the room. There will be a presentation for parents/families on the last day of class. www.KirbySnellDance.com.

Sa Apr 11-Jun 13 10:15 am-11:00 am \$70/10 sess

**My First Dance Class**

**2-4 yrs • Instructor: Endorphin Rush Dance**

An introduction to creative dance. Aspiring little dancers, along with their guardians, will use songs, movement explorations and games to explore coordination, rhythm, spatial awareness and cooperation. This class for the youngest of dancers to experience a playful class with the support of their parents/guardian present. Parent/guardian participation is required. www.KirbySnellDance.com.

Sa Apr 11-Jun 13 9:30 am-10:10 am \$70/10 sess



*We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.*

## Educational

### 123, ABCs

**4-6 yrs • Instructor: Crystal**

123 ABCs is a playful and engaging introductory program that helps young learners build a strong foundation in early literacy and numeracy. Children will explore the alphabet and numbers through fun worksheets and hands-on activities. They'll begin to understand basic phonics, learn to recognize and sound out words, write simple sentences, and read a variety of words. Through interactive storybook reading and number play, kids will also learn to recognize and form different types of numerals as well as building confidence and a love for learning!

Sa Apr 11-Jun 13 1:45 pm-2:45 pm  
599438 \$80/10 sess

### Head Start Math - K

**5-6 yrs • Instructor: Clara**

Students will review and practice counting from 1 - 20. They will learn to spell the numbers and write the numerals in sequence. Students will also be introduced to basic math equations involving addition and subtraction within 10. They will learn to recognize and continue patterns and compare numbers, sizes, and shapes. No class on May 18.

M Apr 13-Jun 15 3:30 pm-4:45 pm  
599940 \$49.5/9 sess

### STEM It

**5-8 yrs • Instructor: Crystal**

STEM IT is a fun, hands-on program where kids explore Science, Technology, Engineering, and Math through exciting projects and games. They'll learn about simple animal and plant biology, explore motion in physics, and try safe, colourful chemistry lab experiments. Math skills are built through engaging worksheets and visual learning tools that are all designed to spark curiosity and develop problem-solving skills through play!

Sa Apr 11-Jun 23 12:30 pm-1:30 pm  
601752 \$80/10 sess

### Snappy Snackers

**6-8 yrs • Instructor: Ryan**

Are you an aspiring chef? Do you like to snack? Then come join the class. Please note that Tupperware or any re-useable container will be required for each class.

Sa Apr 11-Jun 13 9:10 am-10:00 am  
601178 \$65/10 sess

### Young Phonics - K

**5-6 yrs • Instructor: Clara**

Students will review and practice ABC's at a pace of one letter a week. They will be given opportunities to write and say the letter names. At Circle Time, students will connect and apply their alphabet learning through songs, games, and activities. Students will also learn the letter sounds and build recognition of beginning, middle, and end sounds. They will also be introduced to sight words and begin basic sentence writing.

W Apr 15-Jun 17 3:30 pm-4:45 pm  
599942 \$55/10 sess

## Sports

### Outdoor Soccer 3-5 yrs

**3-5 yrs • Instructor: Marvin**

Using child-friendly soccer equipment and basic soccer drills, your child will learn the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave. Parent/guardian participation is required.

Sa Apr 11-Jun 13 9:00 am-9:45 am  
600067 \$90/10 sess



### SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

## CHILDREN

### Computer Programs

#### MCKids Minecraft

**8-13 yrs • Instructor: Anna**

Optimize your child's social-emotional skills while we explore hands-on weekly lessons connecting learning in Science, History, Engineering, Math and pre-programming learning. Collaborate with students in the room, and at home, on quests and in-game activities. Practice keyboarding skills and learn more about the tools that can help us do amazingly creative things in our Java edition, Minecraft game. Get to know the MCKids community and how we play together through informed, regulated behaviour and healthy conduct. No class May 18.

<b>M</b>	<b>Apr 13-Jun 8</b>	<b>3:30 pm-4:30 pm</b>
604263		\$84/8 sess
<b>M</b>	<b>Apr 13-Jun 8</b>	<b>4:35 pm-5:35 pm</b>
604264		\$84/8 sess

### Creative Arts

#### Anime Art Adventure

**8-13 yrs • Instructor: Afeni**

Dive into the world of anime and create your very own anime characters! Learn drawing styles inspired by popular anime artists, explore fun techniques, and bring your unique designs to life in this hands-on art class!

<b>Th</b>	<b>Apr 9-Jun 11</b>	<b>4:30 pm-5:30 pm</b>
607840		\$90/10 sess

#### Art Jam with a Disney Animator

**4-5 yrs • Instructor: Happy Kids Studio**

Create concept drawings, learn about colour palettes, and develop freehand drawing skills in this specialized class. Instructed by a former Disney Animator from Happy Kids Studios.

<b>Tu</b>	<b>Apr 7-May 12</b>	<b>3:30 pm-4:30 pm</b>
611836		\$90/6 sess
<b>Tu</b>	<b>May 19-Jun 23</b>	<b>3:30 pm-4:30 pm</b>
611839		\$90/6 sess

#### Cartoon with a Disney Animator

**6-8 yrs • Instructor: Happy Kids Studio**

Learn to tell stories through drawings and by working on character development, thumbnails, layout pages, panelling and more. Instructed by a former Disney animator from Happy Kids Studios.

<b>Tu</b>	<b>Apr 7-May 12</b>	<b>4:40 pm-5:40 pm</b>
611837		\$90/6 sess
<b>Tu</b>	<b>May 19-Jun 23</b>	<b>4:40 pm-5:40 pm</b>
611841		\$90/6 sess

#### Character Design with a Disney Animator

**9-12 yrs • Instructor: Happy Kids Studio**

Focus on creating appealing characters in animation, comics, games and more. Instructed by a former Disney animator from Happy Kids Studios.

<b>Tu</b>	<b>Apr 7-May 12</b>	<b>5:50 pm-6:50 pm</b>
611838		\$90/6 sess
<b>Tu</b>	<b>May 19-Jun 23</b>	<b>5:50 pm-6:50 pm</b>
611842		\$90/6 sess



## Dance

### Active Jazz Funk and Pop Dance & KPOP Sampler

**6-13 yrs • Instructor: ILLUMA Studio**

Come experience high dynamics cardio dance and Jazz Funk and Hip Hop fundamentals while vibing to Korean and Asian Pop Music! Dancers will refine their technique through choreography, strengthening, footwork, isolations, stretches and more! Learn teamwork while supporting classmates, have fun, and rise to a new challenge. No previous experience required. Learned skills showcasing will be announced throughout the course. Dress: dry indoor shoes with non-marking soles preferred (especially during rain/snow season), comfortable sports / loose / baggy clothing & face covering (as needed). Bring your water bottle! Find us on FB/IG @ illumastudioDrop-in \$10, space permitting.

**Tu Apr 7-Jun 9 4:45 pm-5:45 pm**  
600778 \$100/10 sess

### A Ballet Time with Strength and Stretch

**6-13 yrs • Instructor: ILLUMA Studio**

Come learn proper breathing, strengthening, stretching and all the fundamentals of ballet. Students will enjoy a better understanding of their body and develop muscle memory. Having learned the essentials of ballet, our goal is for the student to improve physical awareness, have stronger core muscles, increase flexibility and stand tall with confidence. No previous experience required. Learned skills showcasing will be presented at the end of each course. Ballet attire (bodysuit, white leggings/black tights, ballet flats); hair: short, ballet bun or ponytail. Otherwise comfortable tight top and bottom (leggings / tights / yoga shorts) to allow for posture correction; and socks. Bring your water bottle! Find us on FB/IG @illumastudioDrop-in \$10, space permitting.

**Tu Apr 7-Jun 9 5:45 pm-6:45 pm**  
600774 \$100/10 sess

## Hip Hop

**6-10 yrs • Instructor: Endorphin Rush Dance**

Calling all boys and girls! Let's move and groove! This non-stop action-packed class includes hip hop, basic breakdancing, and dance games that will have your dancer moving to the beats. Through the season we will work on a choreographed dance. Get ready to cheer with gusto! Please bring a filled water bottle each day. [www.KirbySnellDance.com](http://www.KirbySnellDance.com).

**Sa Apr 11-Jun 13 11:55 am-12:55 pm**  
598785 \$85/10 sess

## Educational

### Chinese Calligraphy for Kids

**6-13 yrs • Instructor: Tony**

The Chinese Calligraphy for Kids program encourages young children to connect with Traditional Chinese culture by painting Chinese characters and motifs. During the course, children will learn to write with a brush pen. They will master regular strokes, character and even a little Chinese cursive writing. There will be many interesting practical tasks and workshops. This program can add another art dimension to your child. They will become interested in the quality of their writing by hand, and the history of Chinese culture. Internationally recognized calligrapher Tony Du takes children from their first strokes to writing artworks, opening a window into the fascinating history of Chinese characters. Children will develop a solid foundation in Chinese calligraphy from this program.

**F Apr 10-Jun 12 3:30 pm-5:00 pm**  
600750 \$100/10 sess

### Creative Reading and Writing for Kids

**7-10 yrs • Instructor: Vivienne**

Is your child curious about the magic behind great stories? In this class, students will explore the art of storytelling by learning how to develop deep characters, imaginative and compelling plots. Classes combine reading, writing and creative activities such as collaborative story games, interactive read-alouds, and novel studies in a fun and supportive environment. Designed for young storytellers, this program fosters creativity, critical thinking, and love stories in all forms.

**Sa Apr 11-Jun 13 3:00 pm-4:00 pm**  
604252 \$50/10 sess

### Head Start Math - Gr. 1

**6-7 yrs • Instructor: Clara**

Grade 1 students will review and work within numbers to 100. They will explore and practice skip counting and comparing numbers. They will also learn place values, addition and subtraction within 100, and measurement. No class on May 18

**M Apr 13-Jun 15 4:45 pm-6:00 pm**  
599939 \$49.50/9 sess

### Head Start Math - Gr 2

**7-8 yrs • Instructor: Clara**

Grade 2 students will review and work within numbers to 1000. They will explore and practice comparing numbers and solving word problems. They will also learn place values to 1000, addition and subtraction with regrouping, mixed operations, and data analysis.

**F Apr 17-Jun 19 3:30 pm-5:00 pm**  
599941 \$55/10 sess



*We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.*

## Krafty Kids

**7-12 yrs • Instructor: Ryan**

In this class, students will strengthen their unique independent artistic skills using a variety of mediums, such as watercolour, textiles, clay, acrylics, scrapbooking, jewelry and many more! Every session is filled with fun creativity, and the chance to make your own imaginative creations. Join us to explore a vast world of colours, shapes, and endless crafty possibilities! No Class on May 18

**M Apr 13-Jun 15 4:00 pm-5:00 pm**  
604668 \$63/9 sess

## Let's Learn Mandarin Gr.1

**7-9 yrs • Instructor: Vicky**

This level is based on the book "Lets Learn Mandarin" Grade one book. Grade one will take three seasons to complete. We will focus on vocabulary building, counting, and simple dialogues. Children will also learn to write Chinese characters and sing songs. No class on May 18.

**M Apr 13-Jun 8 3:30 pm-4:30 pm**  
599932 \$56/8 sess

## Let's Learn Mandarin Gr.2

**8-12 yrs • Instructor: Vicky**

You are welcome to join this level when you finish Gr. 1 or with Mandarin Basic. All lessons will increase and deepen the phase and conversation. The book "Lets Learn Mandarin 2" will take 3 seasons to complete. No class on May 18.

**M Apr 13-Jun 08 4:35 pm-5:35 pm**  
599936 \$56/8 sess

## Mini Chefs

**9-12 yrs • Instructor: Ryan**

Join us at Mini Chefs and discover how to create a variety of delicious foods and snacks every week. Please bring a reusable container to each class. No class Nov 22

**Sa Apr 11-Jun 13 10:15 am-11:15 am**  
601177 \$72.50/10 sess

## Public Speaking Skills for Kids

**7-10 yrs • Instructor: Vivienne**

Want your child to feel confident sharing their ideas and participating in class? Is your child shy or nervous when presenting in front of others? This public speaking program helps kids build self-confidence, clarity, and teamwork through engaging activities, speech exercises, and guided presentation opportunities. In a supportive group environment, participants practice voice projection, confident body language, conveying ideas clearly, and collaborating in group discussions, improving school success and developing essential life skills.

**Tu Apr 14-Jun 16 4:00 pm-5:00 pm**  
604254 \$50/10 sess

## Red Cross Babysitting

**9-13 yrs • Instructor: First Aid Hero**

So, you want to be a babysitter? Do you or your parents want to feel confident knowing you are responsible on your own and have the skills to deal safely with an emergency situation? Babysitting with First Aid Hero emphasizes learning through real life scenarios. Bring a small blanket/medium towel, medium sized stuffed animal/baby doll, yoga mat, pen and pencil, lunch (no nuts please) and plenty of water. [www.firstaidhero.com](http://www.firstaidhero.com)

**Sa Jun 20 9:15 am-4:15 pm**  
608486 \$85/sess

## Young Phonics - Gr. 1

**6-7 yrs • Instructor: Clara**

Students will review and practice consonant sounds and short and long vowel sounds. Through stories, activities, and worksheets, students will learn to read sight words and decipher new words using phonics. Students will also practice forming and writing sentences. They will also be introduced to basic sentence grammar including the parts of speech.

**W Apr 15-Jun 17 4:45 pm-6:00 pm**  
599943 \$55/10 sess

## Martial Arts

Participants under 19 years of age must sign a Park Board waiver prior to participating. Uniform is optional for beginners - please speak with the instructor to find what size you are.

### Karate

**7- yrs • Instructor: : 8th Dan black belt**  
**Shihan George Chan, 4th Degree Black Belt**  
**Dan McCallum & 2nd Degree black belt**  
**John Cotter**

This class will introduce you to many aspects of the traditional style of Go-Ju Ryu Karate. The focus is on self-defence, fitness training, non-contact sparring and self-discipline. Students learn at their own pace and gain confidence with mini-tests to determine progress levels. Visit [www.kuyukai.com](http://www.kuyukai.com) for more information.

### SPRING

**Th Apr 2- May 07 5:30 pm-7:00 pm**  
599921 \$90/6 sess

**Th May 21-Jun 25 5:30 pm-7:00 pm**  
599922 \$90/6 sess

### SUMMER

**Th Jul 2-Aug 27 5:30 pm-7:00 pm**  
604721 \$135/9 sess

For participants interested in progressing with coloured belts, Kuyukai membership and attendance card are available for purchase.

Kuyukai membership \$30  
Attendance card \$8

### Taekwondo - Beginner

**6-18 yrs • Instructor: Jacky**

A dynamic Korean Martial Art that is known for its emphasis on kicking techniques, strikes and self defence in addition to the development of physical and mental discipline. This WT style of Taekwondo is a martial arts that's recognized in both Poomsae (forms) & Kyroughi (sparring). No class on May 18.

### SPRING

**M Apr 13-Jun 15 4:30 pm-5:30 pm**  
601171 \$99/9 sess

### SUMMER

**M Jul 6-Aug 17 4:30 pm-5:30 pm**  
611847 \$66/6 sess

## Music Lessons

### Piano Lessons

**5-18 yrs • Instructor: Carmen**

The goal of the program is to teach basic piano skills. Students will progress through 3 levels of difficulty. After the 3 levels, you can move on and even consider taking Elementary piano exams through the Royal Conservatory of Music, Toronto, examination syllabus. Lessons are generally focused on: sitting position at the piano, keyboard recognition, note recognition, rhythmic exercise, piano pieces, and elementary theory exercises. Books are required at an additional cost. Lessons are 30 minutes.

#### SPRING

<b>F</b>	<b>Apr 10-Jun 12</b>	<b>3:30 pm-6:30 pm</b>
Various times		\$200/10 sess
<b>Sa</b>	<b>Apr 11-Jun 13</b>	<b>9:30AM-3:00PM</b>
Various times		\$200/10 sess

#### SUMMER

<b>Tu</b>	<b>Jul 7-Aug 18</b>	<b>3:00 pm-5:30 pm</b>
Various times		\$140/7 sess
<b>W</b>	<b>Jul 8-Aug 19</b>	<b>3:00 pm-5:30 pm</b>
Various times		\$140/7 sess
<b>F</b>	<b>Jul 10-Aug 21</b>	<b>3:00 pm-5:30 pm</b>
Various times		\$140/7 sess

### Ukulele Lessons

**5-19 yrs • Instructor: Tom**

Join a private Ukulele lesson with Tom Cheng! Tom is an experienced professional Guitar and Ukulele player and instructor. Students, all ages, of any skill level and beginner ukulele players are welcome! Each private lesson will be tailored to your skill, age, ability and interests. Please bring your own instrument. Students will be asked to purchase their own music book. The instructor will let you know which book to purchase on the first class. Lessons are 30 minutes.

#### SPRING

<b>Th</b>	<b>Apr 9-Jun 11</b>	<b>3:30 pm-7:00PM</b>
Various times		\$165/10 sess

#### SUMMER

<b>Th</b>	<b>Jul 2-Aug 27</b>	<b>3:30 pm-7:00PM</b>
Various times		\$148.50/9 sess

### Drum/Guitar Lessons

**5-18 yrs • Instructor: Sam**

Drum Lessons Play to the rhythm and the beat! Lessons are private and are conducted on a full set of acoustic drums. Learning material included. Guitar Lessons Strum your way to sound! In these private lessons you will learn music notes, fretting, chords, music theory and how to read music. Customizing a structured class based on each student's needs. Bring your own guitar. Lessons are 30 minutes. No class on May 18, June 8th, and Aug 3rd

#### SPRING

<b>M</b>	<b>Apr 13-Jun 15</b>	<b>6:00 pm-8:30PM</b>
Various times		\$136/8 sess
<b>Tu</b>	<b>Apr 7-Jun 16</b>	<b>6:00 pm-8:30PM</b>
Various times		\$187/11 sess

#### SUMMER

<b>M</b>	<b>Jul 6-Aug 24</b>	<b>6:00 pm-8:00PM</b>
Various times		\$119/7 sess
<b>Tu</b>	<b>Jul 7-Aug 25</b>	<b>6:00 pm-8:00PM</b>
Various times		\$136/8 sess

## Social

### TTRPG Kids Con

**8-14 yrs • Instructor: Josh**

Grab your backpack and spellbook, or maybe your sword and shield - it's time to set out on an adventure! The TTRPG Kids Convention is a unique opportunity for kids to spend a whole day learning and playing tabletop roleplaying games run by experienced game masters. Participating in games such as Dungeons & Dragons, Magical Kitties to the Rescue, and No Thank You, Evil!, kids will play heroic characters who cooperate to solve problems, and maybe vanquish evil along the way. No adventuring experience required! Also, if you have a budding game master at home who wants to learn how to plan and run games for their friends, we are offering workshops to get new GMs started. Please pack a water bottle, snacks and lunch for this program. For more details, please visit [TTRPGKidsCon.com](http://TTRPGKidsCon.com)

<b>Sa</b>	<b>May 2</b>	<b>9:00 am-3:30 pm</b>
598783		\$10/1 sess

### Chess Club - Intermediate/Advance

**8-13 yrs • Instructor: Clement**

Ready to take your chess game to the next level? Chess Club: Intermediate/Advanced is designed for players who already have a solid understanding of the game and are eager to sharpen their skills. Through challenging puzzles, advanced strategies, and competitive play, participants will deepen their knowledge and improve decision-making on the board.

<b>Th</b>	<b>Apr 16-Jun 25</b>	<b>3:30 pm-4:30 pm</b>
598789		\$88/11 sess

### Chess Club - Novice/Starter

**6-13 yrs • Instructor: Clement**

For young chess enthusiasts who already know the basics. This fun and supportive program will help students build on their knowledge while exploring new strategies and practicing gameplay. Whether they're brushing up on opening moves or learning how to plan ahead, participants will grow their skills, boost confidence, and enjoy friendly matches with others.

#### SPRING

<b>Th</b>	<b>Apr 16-Jun 25</b>	<b>4:30 pm-5:30 pm</b>
598790		\$88/11 sess

#### SUMMER

<b>Th</b>	<b>Jul 2-Aug 20</b>	<b>4:45 pm-5:45 pm</b>
608444		\$64/8 sess

### SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

## Sports

### Basketball 6-8 yrs

**6-9 yrs • Instructor: Owen**

Put on your running shoes and practice your shots with the rest of the team. Children will work on basketball drills and be part of a team.

**SPRING**

Tu Apr 7-Jun 16 5:00 pm-6:00 pm  
600079 \$68.75/11 sess

**SUMMER**

Tu Jul 7-Aug 25 5:00 pm-6:00 pm  
604672 \$50/8 sess

### Basketball 9-12 yrs

**9-13 yrs • Instructor: Owen**

Put on your running shoes and practice your shots with the rest of the team. Children will work on basketball drills and be part of a team.

**SPRING**

Tu Apr 7-Jun 16 6:05 pm-7:05 pm  
601170 \$68.75/11 sess

**SUMMER**

Tu Jul 7-Aug 25 6:05 pm-7:05 pm  
604673 \$50/8 sess

### Outdoor Soccer 6-8 yrs

**6-8 yrs • Instructor: Marvin**

Using child-friendly soccer equipment and basic soccer drills, your child will learn the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave.

Sa Apr 11-Jun 13 9:45 am-10:45 am  
600070 \$100/10 sess

### Outdoor Soccer 9-12 yrs

**9-12 yrs • Instructor: Marvin**

Using child-friendly soccer equipment and basic soccer drills, your child will learn the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave. Parent/guardian participation is required.

Sa Apr 11-Jun 13 10:45 am-11:45 am  
603085 \$100/10 sess

### Soccer 6-8 yrs

**6-8 yrs • Instructor: Justin**

Participants will have fun, learn cooperative games and fundamental movement skills while burning off some energy. Please bring a water bottle.

**SPRING**

W Apr 8-Jun 10 5:00 pm-5:55 pm  
598786 \$62.5/10 sess

**SUMMER**

W Jul 8-Aug 26 5:00 pm-5:55 pm  
604675 \$50/8 sess

### Soccer 8-12 yrs

**8-12 yrs • Instructor: Justin**

Participants will have fun, learn cooperative games and fundamental movement skills while burning off some energy. Please bring a water bottle.

**SPRING**

W Apr 8-Jun 10 6:00 pm-7:00 pm  
598787 \$62.50/10 sess

**SUMMER**


W Jul 8-Aug 26 6:00 pm-7:00 pm  
604676 \$50/8 sess

### Swim & Skate

**8-12 yrs • Instructor: Monica**

Each week, we will travel to a different Vancouver or Burnaby location to swim or skate. Drop-in is permitted when space is available. Out-trips are non-instructional participants will require prior swim and skate knowledge.

W Apr 8-Jun 10 5:00 pm-9:00 pm  
600111 \$72.50/10 sess

Supported by the Province of British Columbia

*We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.*

## APPLICABLE TO ALL SUMMER DAY CAMPS

### Registration Dates

- Catchment residents registration starts Saturday, February 21 at 9 am in-person at Thunderbird CC. Please bring proof of residency or recent Thunderbird Elementary report card. (Catchment map and details on page 3.)
- General registration starts Wednesday, April 8 at 7 pm (in-person/online).

### Refund/Transfers

- Refunds and transfers require a minimum of 14 days' notice before the start of camp.
- Refunds will be subject to a \$8 administration fee, per child, per week
- Transfers will be subject to a \$4 administrative fee, per child, per week

## PRESCHOOL

### Arts

#### Art Jam with a Disney Animator

**4-5 yrs • Instructor: Happy Kids Studios**

Create concept drawings, learn about colour palettes and develop freehand drawing skills in this specialized class. Instructed by a former Disney animator from Happy Kids Studios. Note: Siblings can go together in the same class for example 5 year old and 7 year old can either join Art Jam or Cartoon depending on the families preference.

M-F	Jul 13-Jul 17	9:30 am-10:30 am
604715		\$75/5 sess
Tu-F	Aug 4-Aug 7	9:30 am-10:30 am
604716		\$60/4 sess



## Sports

#### Outdoor Soccer CAMP Little Ones

**3-5 yrs • Instructor: Marvin**

It's important to always have fun! Using child-friendly soccer equipment and basic soccer drills, your child will indulge in the sport of soccer, learning the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave. Parent/guardian participation is required.

M-F	Jul 6-Jul 10	9:00 am-10:15 am
603102		\$65/5 sess
M-F	Jul 13-Jul 17	9:00 am-10:15 am
603098		\$65/5 sess
M-F	Jul 27-Jul 31	9:00 am-10:15 am
603099		\$65/5 sess
Tu-F	Aug 4-Aug 7	9:00 am-10:15 am
603100		\$52/4 sess
M-F	Aug 17-Aug 21	9:00 am-10:15 am
603101		\$65/5 sess

## CHILDREN

### Creative Arts

#### Cartoon with a Disney Animator

**6-8 yrs • Instructor: Happy Kids Studios**

Learn to tell stories through drawings and by working on character development, thumbnails, layout pages, panelling and more. Instructed by a former Disney animator from Happy Kids Studios. Note: Siblings can go together in the same class for example 5 years old and 7 years old can either join Art Jam or Cartoon depending on the families preference.

M-F	Jul 13-Jul 17	10:40 am-11:40 am
604717		\$75/5 sess
Tu-F	Aug 4-Aug 7	10:40 am-11:40 am
604718		\$60/4 sess

#### Character Design with a Disney Animator

**9-12 yrs • Instructor: Happy Kids Studios**

Focus on creating appealing characters in animation, comics, games and more. Instructed by a former Disney animator from Happy Kids Studios. Note: Siblings can go together in the same class for example 5 year old and 7 year old can either join Art Jam or Cartoon depending on the families preference.

M-F	Jul 13-Jul 17	11:50 am-12:50 pm
604719		\$75/5 sess
Tu-F	Aug 4-Aug 7	11:50 am-12:50 pm
604720		\$60/4 sess

**NEW!** **Anime Cartoon Drawing Camp**

**6-12 yrs • Instructor: Young Rembrandts**

Come explore the world of Anime with Young Rembrandts! We will spend multiple days learning about and drawing cartoons in the Anime style. We will learn to create our own original Anime characters. We will use a variety of facial expressions and action and movement to illustrate our scenes. On the final day, we will pull from what we already learned to draw a large comic book type scene in the Anime style

**M-F Jul 27-Jul 31 9:15 am-12:15 pm**  
603126 \$190/5 sess

**NEW!** **Cartoons Character Creation**

**6-12 yrs • Instructor: Young Rembrandts**

Learn the basics of cartooning and create your own characters! Each day students will learn techniques used in cartooning. Subjects like characteristics, features, exaggeration, action and personification will contribute to your child's artistic advancement! Young Rembrandts students will immediately apply their new skills in every class to create their own original cartoon characters.

**M-F Jul 27-Jul 31 12:45 pm-3:45 pm**  
603128 \$190/5 sess



**Summer Art Camp: Colors Lab**

**6-12 yrs • Instructor: Alex**

What is a colour wheel, and how can colour be used to make artwork truly impressive? kids will learn basic colour theory, including primary colours and mixing techniques. They will explore the nature of colour, why it works the way it does, and how to use effective techniques to create beautiful combinations. By developing an understanding and appreciation of colour, kids will engage in a variety of art projects that incorporate colour, play, and experimentation. All art supplies are included.

**M-F Aug 17-Aug 21 9:30 am-3:00 pm**  
602323 \$260/5 sess

**Summer Art Camp: Ocean in Commotion**

**6-12 yrs • Instructor: Alex**

There are many wonderful creatures that live in the sea. Fish is not the only things found there. Maybe you'll see jiggling jelly fish, tickly octopus, spikey seahorse, pinching crab, clicking sound of dolphin and amazing creatures in the deep sea. Let's go diving and finding many wonderful creatures in the ocean. Kids will create paintings with watery scenes of the Ocean. Learning to paint, draw and colour and create 3D art. This art camp provides children with fun ways to engage their creative minds through visual art activities. Art supplies are included.

**M-F Aug 10-Aug 14 9:30 am-3:00 pm**  
602322 \$260/5 sess

**Dance**

**ILLUMA STUDIO CLASSES**

No previous experience required. Campers will be grouped by age/skill upon in-camp assessment. Camp content is accessible and adapted to the learner's level. Learned skills showcasing will be announced during the camp (student participation encouraged but is optional). Showcase for full-day campers will occur at the end of their afternoon session.

Dress: dry indoor shoes with non-marking soles preferred (especially during rain/snow season), comfortable sports / loose / baggy clothing & face covering (as needed). Bring your water bottle and sufficient nut free snacks / lunch to fuel your child for an energetic workout!

Camp curriculum will be different between same-subject sessions; we welcome repeat students at our camps! We aim to have more than one teacher present for each class, especially for classes with more than 10-12 students. Find us on IG/FB: illumastudio

**Active Dance Sing/Jazz Funk/Hip Hop/KPOP Camp**

**6-14 yrs • Instructor: ILLUMA Studio**

Come learn a variety of dancing and aspects of musical theatre including some singing and acting through FUN games! Students will be introduced to Jazz Funk, Street and Korean Pop (KPOP) dance styles through cardio warm ups, strengthening, footwork, isolations, stretches and learn the importance of breathing. Through purposeful games, students will refine their presentation and public speaking skills while meeting friends, having fun, and rising to a new challenge

**M-F Jul 27-Jul 31 9:00 am-12:00 pm**  
607907 \$135/5 sess

**Active Dance: Jazz Funk, Hip Hop & Asian Pop Camp**

**8-14 yrs • Instructor: ILLUMA Studio**

A beginner / intermediate camp buffet of Hip Hop, Locking, Popping, Street Dance, Korean Pop (KPOP) and other dance styles. Students will refine their technique through cardio dance skills, strengthening, footwork, isolations, stretches and more! Meet friends, have fun, and rise to a new challenge! Learned skills may be showcased on the last day of camp

**M-F Jul 27-Jul 31 12:00 pm-3:00 pm**  
608452 \$135/5 sess

## Educational

### Feature Film Making

**9-14 yrs • Instructor: Film Camp in a Box**

Mentored by master filmmakers, campers will engage in hands-on exploration of the stop motion animation process, including pre production, production and post production. Working in small crews, they will learn about cinematography, script writing and editing on Final Cut Pro. Campers will then create, act in and edit a short film and movie trailer, adding special effects, music, voices, titles and sound effects. Participants will have the opportunity to use our latest technology, including Mac books, 4K cameras, tripods, boom microphones, green screens and the use of an aerial drone. Crews will also create their own promotions and advertising links to show case their short film to the world. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theatre.

M-F	Jul 20-Jul 24	9:00 am-4:00 pm
600109		\$255/5 sess
M-F	Aug 24-Aug 28	9:00 am-4:00 pm
600110		\$255/5 sess

### Intro to Coding and Chess Camp

**8-12 yrs • Instructor: Tai**

Through this course students will learn the basics of both Computer Programming and Chess. Through Chess students will develop skills such as pattern recognition, problem solving and visualization. These skills will be then applied to Computer Programming to create basic programs and simple games which they then will customize. Students will learn Python, one of the world's fastest growing and most popular programming languages. No experience in programming or chess necessary.

M-F	Jul 6-Jul 10	11:00 am-3:15 pm
603131		\$185/5 sess
M-F	Jul 13-Jul 17	11:00 am-3:15 pm
603134		\$185/5 sess
M-F	Aug 10-Aug 14	11:00 am-3:15 pm
603135		\$185/5 sess

### LEGO Stop Motion Animation

**7-12 yrs • Instructor: Film Camp in a Box**

Mentored by master filmmakers, campers will engage in hands-on exploration of the stop motion animation process, including pre production, production and post production. Working in small crews, they will learn about stop motion animation, set design, script writing, and editing. Campers will then create their own stop motion animation and edit a short film and movie trailer. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theatre. Please note we do provide Clay and all arts supplies along with a nominal amount of LEGO®. We do encourage participants to bring their own LEGO® and toys to supplement the creation of their film.

M-F	Jul 6-Jul 10	9:00 am-4:00 pm
600107		\$255/5 sess
M-F	Aug 10-Aug 14	9:00 am-4:00 pm
600108		\$255/5 sess

### Young Commander Chess - Novice/Newbie I & II

**6-10 yrs • Instructor: Joe**

There's a strong correlation between chess and academic achievement including math, spatial analysis and non-verbal reasoning ability. Chess teaches higher level thinking skills such as visualization, analysis and critical thinking. Chess allows kids to connect with something in the real world which in turn, fires up their desire to learn. Joining in this Sherlock-Holmes-world of tactics and strategies, where the chessmen become personified, kids get trained in life-skills goal-setting: checkmate! Open to anyone proficient with chess tactics and advanced strategies. Chess folder kit included.

M-F	Aug 17-Aug 21	1:00 pm-2:30 pm
611846		\$50/5 sess
M-F	Aug 17-Aug 21	2:40 pm-4:10 pm
611845		\$50/5 sess

## Sports

### Outdoor Soccer Camp

**6-12 yrs • Instructor: Marvin**

It's important to always have fun! Using child-friendly soccer equipment and basic soccer drills, your child will indulge in the sport of soccer, learning the basics of dribbling, passing, kicking & shooting. Our qualified staff will create a safe and fun environment for all learning abilities. This program is a great introduction to the sport of soccer for your little one. Meet your coach by the Sunrise Community Association Hall by Windermere St and 4th Ave.

M-F	Jul 6-Jul 10	9:00 am-12:00 pm
603093		\$115/5 sess
M-F	Jul 13-Jul 17	9:00 am-12:00 pm
603094		\$115/5 sess
M-F	Jul 27-Jul 31	9:00 am-12:00 pm
603095		\$115/5 sess
Tu-F	Aug 4-Aug 7	9:00 am-12:00 pm
603096		\$92/4 sess
M-F	Aug 17-Aug 21	9:00 am-12:00 pm
603097		\$115/5 sess



Join our fantastic day camp programs and have a blast this summer! Our youngest campers in Camp Sunray will have more local adventures, while our older campers (Sunseekers) will go out on bigger adventures. Our oldest campers will go on big out-trips but also learn how to be a global citizen.

### What to Expect:

- These day camps are play-based recreation programs. The day includes free-play, structured group activities and games and out-trips. Our camps will go on a couple of out-trips each week which may include the use of public transit and school buses.
- Our staff are primarily between the ages of 18 and 22, with program support from youth volunteers ages 16 to 18.
- Sunrays and Sunseekers camps will start and end their day in the Gymnasium which is a large space with fluorescent lighting and shared activity corners. Youth Adventures will meet in the Games Room.
- Please reach out to us prior to starting camp if your child requires additional support to participate in camps.

### Registration Dates:

- See page 14 for details

### Waivers/Consent & Daily Sign-In/Out:

- The Day Camp Manager will send an e-mail with a PDF waiver, consent form and activities calendar 4-5 days prior to the start of the week. Please add emails from @vancouver.ca to your safe list.
- Any participant under the age of 10 must be signed in during drop-off, and signed out when picked up by a designated person 16 years and older.
- Sunray and Sunseeker camps sign-in/out is at the back of Thunderbird Community Centre by the gravel field. Youth camp sign-in/out will be in the Games Room.
- The schedule is subject to change due to a variety of factors.

### What To Bring (During Camp):

- On the first day of camp, please have a completed waiver form and activity consent form filled out. Printed copies will be available at the Front Office and day camp sign-in desk.
- We ask that each participant brings a backpack with a lunch, snack, water bottle, sunscreen, hat, towel and swimsuit every day.
- Please pack lunches and snacks without nuts and shellfish.
- We ask that participants leave all valuables such as card games, cell phones, money, bank cards at home.

### Refund Deadlines:

- See page 14 for details

	Sunrays (6-7 yrs)	Sunseekers (8-10 yrs)	Youth Adventures (11-14 yrs)	After Camp Care (6-12 yrs)
	9:00 am-3:30 pm			3:30 pm-5:30 pm
● Indicates 4-day week	\$145/5 days, ● \$116/4 days			\$36/5 days, ● \$29/4 days
<b>Week 1</b> ● Jun 29-Jul 3 (no sess Jul 1)	600809	600817	599923	601970
<b>Week 2</b> Jul 6-Jul 10	600810	600818	599924	601971
<b>Week 3</b> Jul 13-Jul 17	600811	600819	599925	601972
<b>Week 4</b> Jul 20-Jul 24	600812	600820	599926	601973
<b>Week 5</b> Jul 27-Jul 31	600813	600821	599927	601974
<b>Week 6</b> ● Aug 4-Aug 7 (no sess Aug 3)	600814	600822	599928	601975
<b>Week 7</b> Aug 10-Aug 14	600815	600823	599929	601976
<b>Week 8</b> Aug 17-Aug 21	600816	600824	599930	601977

## YOUTH ACTIVITIES SCHEDULE - SPRING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Games Room 3:00 pm-7:00 pm Ages: 10-18	Games Room 3:00 pm-7:00 pm Ages: 10-18	Writers' Exchange 3:00 pm-4:30 pm Grade 4-7	Games Room 3:00 pm-7:00 pm Ages: 10-18	Games Room 3:00 pm-10:00 pm Ages: 10-18	Breakfast Club 11:30 am-1:30 pm Ages: 10-18
		Games Room 3:00 pm-7:00 pm Ages: 10-18		Youth Dinner 4:00 pm-6:00 pm Ages: 13-18	
				Youth Council 6:00 pm-8:00 pm Ages: 13-18	
			Drop-In Volleyball 7:00 pm-9:00 pm Ages: 13-18	Drop-In Basketball 6:00 pm-10:00 pm Ages: 13-18	
Please note: schedule is subject to change due to staff availability and participation numbers. Games Room closed in the Summer.					
Legend: ● Social ● Games Room Drop-in ● Educational/Leadership ● Sports/Fitness					

### Community Youth Development

Youth Services at Thunderbird CC are a partnership between the Vancouver Board of Parks and Recreation and the Thunderbird Neighbourhood Association.

Youth programs reflect the principles of CYD in the City of Vancouver: accessible, collaborative, preventative and inclusive.

Youth are respected, supported and involved in program planning, implementation and decision-making.



Follow [@vanyouth](#) and [@thunderbirdyouth](#) on Instagram for updates about youth programs, volunteer opportunities, citywide initiatives, and all things youth related!

### Youth Leadership

#### Summer Day Camp Volunteer Orientation

16-18 yrs • Instructor: Priya

Volunteering during the summer is a great time to earn your hours you need for school, but also a fantastic opportunity to learn leadership skills working with summer day camp participants ages 6 to 10 years old. This is an opportunity to gain some work experience, have fun while on the programs' out-trips, make connections with other volunteers and staff and ensure you have some references for future job applications. In fact, many of our summer day camp volunteers end up becoming paid leaders themselves in future years, and continue working in the community system network. Please note that any volunteer must have parental consent including getting a police information check, and commit to a minimum of one full summer day camp week. If you want more information, please email Priya, Community Youth Worker at [priya.brar@vancouver.ca](mailto:priya.brar@vancouver.ca). Please register and join us for the volunteer orientation.

F Jun 12 4:00 pm-6:00 pm  
603125 FREE

### Thunderbird Youth Council

13-18 yrs • Instructor: Priya & Sam

Do you want to be actively involved in shaping youth programs? Do you have thoughts and ideas about how to better influence your community? Youth Council will help you become a leader, share your voice, and really impact the youth community. The direction of Youth Council is driven by you! Thunderbird Catchment only. Please contact CYW Priya Brar to register: [priya.brar@vancouver.ca](mailto:priya.brar@vancouver.ca) / 604.379.4735.

F Apr 10-Jun 5 6:00 pm-8:00 pm  
603040 FREE



## Education

### Writer's Exchange

9-13 yrs • Instructor: Sarah & Writer's

#### Exchange staff

Writers' Exchange meets Thunderbird Community Centre! Every Wednesday there will be an after-school program for grade 4's - 7's to be creative, hang out, and have fun! Join us in playing your favourite board games, getting homework support, and , enjoying yummy snacks. Every week we'll work on a fun, creative activity, like making candles, blindfolded food tasting, or work on a long term project; like creating a book or building a community library! This program is for youth living in the Thunderbird catchment and by referral only. Contact CYW Priya Brar: priya.brar@vancouver.ca / 604.379.4735

W Apr 8-Jun 17 3:00 pm-4:30 pm  
603042 FREE

## Sports

### Youth Drop-in Basketball

13-18 yrs • Instructor: Jonathan

Lace up your ball shoes and come shoot some hoops! Open to youth ages 13-18. Youth must have a one-card with an active City With Youth Pass to participate. To sign up for a OneCard, see the front desk or reach out to Community Youth Worker Priya: cell: 604-379-4735 email: priya.brar@vancouver.ca

F Apr 10-Jun 19 6:00 pm-8:00 pm  
FREE

### Youth Drop-in Volleyball

13-18 yrs • Instructor: Ray

Drop in Volleyball for youth 13-18! Youth must have a one-card with an active City With Youth Pass to participate. To sign up for a one-card, please see the front desk or reach out to Community Youth Worker Priya: cell: 604-379-4735 email: priya.brar@vancouver.ca

Th Apr 9-Jun 18 7:00 pm-9:00 pm  
FREE

## Social

### Games Room

10-18 yrs

Games Room drop-in is open to youth ages 10-18! Come hang out and chat with the youth leader, play some games, or do your homework! No registration required.

M/Th/F Apr 6-Jun 19 3:00 pm-10:00 pm

### Brunch Club

10-18 yrs • Instructor: Luisfelipe

Come hang out and cook some brunch with our youth staff! Open to youth ages 10-18. No registration required, drop-in only.

Sa Apr 11-Jun 20 11:30 am-1:30 pm  
FREE

### Youth Dinner

13-18 yrs • Instructor: Priya

Dinner for any youth aged 13-18 hanging out in drop-ins and programs on Friday evening. No registration required!

F Apr 10-Jun 12 4:00 pm-6:00 pm  
FREE



We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

## Outdoor Activities

### CHILL Stand Up Paddleboarding

13-18 yrs • Instructor: CHILL Staff & Priya

Stand Up Paddle boarding for youth ages 13-18 through the CHILL Foundation. We will be partnering up with Vancouver Water Adventures to provide 3 days of paddle boarding lessons for the youth. This program is by referral only and for youth in the Thunderbird catchment - please contact Community Youth Worker Priya: priya.brar@vancouver.ca

Tu/W/Th Jul 9-Jul 11 9:00 am-1:00 pm  
603073 FREE

### Youth Outing

13-18 yrs • Instructor: Priya

This out-trip is open only to youth in the Thunderbird catchment and by referral only - please contact Community Youth Worker Priya: priya.brar@vancouver.ca

#### New Brighton Pool

F Jul 3 9:00 am-2:00 pm  
603173 \$5/sess

#### Granville Island

F Jul 17 9:00 am-2:00 pm  
603187 \$10/sess

#### Bowen Island

F Jul 31 9:00 am-2:00 pm  
603221 \$10/sess

#### Greater Vancouver Zoo

F Aug 7 9:00 am-2:00 pm  
603222 \$10/sess

#### Lighthouse Park & Ice Cream

F Aug 14 9:00 am-2:00 pm  
603223 \$10/sess

#### Kayaking (Deep Cove)

F Aug 21 9:00 am-2:00 pm  
603225 \$50/sess

## Fitness

### Zumba Toning

16+ yrs • Instructor: Alice

This one hour workout will combine 20 minutes of Zumba, the infectious, feel-happy dance fitness workout we all love with another 40 minutes where we add light weights to the mix. It features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is perfect for those who want to party and put extra emphasis on toning and sculpting to target zones, including arms, core and lower body. Please bring 1 or 2lb weights. Drop-in \$9. No class on April 22 and 29.

#### SPRING

W Apr 8-Jun 24 6:30 pm-7:30 pm  
599460 \$70/10 sess

#### SUMMER

W Jul 8-Aug 12 6:30 pm-7:30 pm  
599461 \$42/6 sess

## Martial Arts

### Yang Style 24 Forms Tai Chi for Beginners

19+ yrs • Instructor: Art

The Yang Style 24 form is a simplified version of Yang Style Traditional Tai Chi. The traditional movements are condensed into 24 moves which can be completed in approximately 6 minutes. The lessons will incorporate the basic Yang Style movements with the goal of improving your flexibility, balance, and strength. The ultimate result of practicing tai chi will lead to better overall physical and mental wellbeing.

#### SPRING

Tu Apr 14-Jun 30 9:05 am-10:50 am  
599457 \$36/12 sess

#### SUMMER

Tu Jul 7-Aug 25 9:05 am-10:50 am  
599458 \$24/8 sess

## Sports

### ADULT SPORTS PARTICIPANTS

#### Registration Information

Registered participants have up to 5 minutes after the program start time to show up and check-in at the front desk before proceeding to the gym. All no-show spots will be sold at that time to drop-ins. Spots are non-transferable.

#### Drop-in Information

For drop-in lists, you may register yourself and one other person. Spots are non-transferable. Drop-ins based on space permitting.

#### Drop-in Procedures

First priority is for those who are registered. Registered participants have up to 5 minutes after the program start time to show up and check-in at the front desk. All no-show spots will be sold at that time to drop-ins. At 9:30am the day of the program, you may call 604.713.1818 ext.1 to put your name and ONE other person's name on the drop-in list. If there are any open spots, 5 minutes after the program start time, staff will announce the names from the drop-in waitlist.

### SOMETIMES GREAT CLASSES ARE CANCELLED

Don't wait until the last minute to register... or you may be disappointed to hear that the class was cancelled. Program decisions to run or cancel a program are generally made 3-5 days prior to the start date. Programs are cancelled or postponed if there are not enough registered participants.

## Pickleball

19+ yrs • Instructor: Non-Instructional

Get active playing this exciting and popular sport. Pickleball is an easy to learn game played on a badminton court with a lowered net, a whiffle ball and large hand held paddles. It is great for all skills and ability levels. Drop-in \$4.28, space permitting. No session on May 18 and August 3.

#### SPRING

M Apr 13-Jun 22 7:15 pm-8:45 pm  
598660 \$35.7/10 sess

#### SUMMER

M Jul 6-Aug 24 6:30 pm-7:45 pm  
604730 \$25/7 sess

## Basketball

19+ yrs • Instructor: Non-Instructional

Recreational basketball. Drop-in \$4.28, space permitting.

Tu Apr 7-Jun 16 7:15 pm-8:45 pm  
600075 \$39.27/11 sess



## Sports Lessons

### Pickleball Lessons: Beginner I

**19+ yrs • Instructor: BC Pickle School**

Learn the basics of pickleball in a fun and welcoming environment designed for brand new players! This beginner class is taught by a certified coach who will guide you through fundamental skills, rules, and gameplay. No experience is necessary, and all equipment is provided.

W Apr 8-May 13 7:15 pm-8:45 pm  
601167 \$120/6 sess

### Pickleball Lessons: Advanced Beginner

**19+ yrs • Instructor: BC Pickle School**

Take your pickleball skills to the next level in this engaging advancing beginner class, perfect for players with some experience who want to improve their game. Taught by a certified coach, you'll learn new shots, better court positioning, and effective strategies for moving up to the kitchen zone. All equipment is included. Build confidence and elevate your play in a supportive and fun environment! No class on June 17.

W May 20-Jun 24 7:15 pm-8:45 pm  
601168 \$100/5 sess

### Summer Smash Tennis: Adult Beginner (1.0)

**19+ yrs • Instructor: Summer Smash Tennis**

Learn how to play tennis in a small group setting. This course provides an introduction to the game with an eventual progression to rally and play within the full court setting. Students must bring their own racquets. No class on May 18.

M May 4-Jun 15 5:00 pm-6:00 pm  
604257 \$210/6 sess

### Summer Smash Tennis: Adult Beginner+ (1.5)

**19+ yrs • Instructor: Summer Smash Tennis**

Continue developing fundamental skills in a small group setting. This course builds on technique and strategy from Adult Beginner in order to become more confident rallying and playing with serve within the full court setting. Students should repeat this course until they can confidently rally from the baseline with forehand and backhand. Students must bring their own racquets. No class on May 18.

M May 4-Jun 15 6:00 pm-7:00 pm  
604667 \$210/6 sess

### Summer Smash Tennis: Adult Beginner++ (2.0)

**19+ yrs • Instructor: Summer Smash Tennis**

Solidify your foundation for all strokes. Players who can rally consistently continue to develop ball control (direction, height, distance) and technique within cooperative and competitive contexts. An emphasis is placed on developing technique and ability for ground strokes, volley, and serve. Students should repeat this course until they can confidently control the direction and height of forehand and backhand within a full court rally. Students must bring their own racquets. No class on April 6.

M Mar 30-Apr 20 6:00 pm-7:00 pm  
604258 \$105/3 sess

### Summer Smash Tennis: Feeding Frenzy (2.0-3.0)

**19+ yrs • Instructor: Summer Smash Tennis**

Improve consistency and cardio through feeding drills. In this high energy class, coaches feed balls and provide feedback to help students develop their forehand, backhand, volleys, and serve through high repetition training. Students are encouraged to register for an Adult Beginner++ (2.0) or Intermediate class in addition to Feeding Frenzy. No class on April 6.

M Mar 30-Apr 20 5:00 pm-6:00 pm  
604256 \$105/3 sess



## Dance

### Contemporary Line Dance

55+ yrs • Instructor: Irene

This modern line dance class incorporates contemporary music and dance steps including Cha Cha, Tango, Rumba, Waltz, Mambo, Salsa, Cumbia, Hustle, Twist, Disco, Jitterbug and Electric Slide. Drop-in \$4.00, if space permits. No session Aug 3.

#### SPRING

M May 4-Jun 29 10:30 am-12:00 pm  
606090 \$28/8 sess

#### SUMMER

M Jul 6-Aug 31 10:30 am-12:00 pm  
606091 \$28/8 sess

### Dance with Catherine

55+ yrs • Instructor: Catherine

A mix level of line dance program: Learn simple and joyful dancing steps. Release stress and boost mood. Build confidence & social connection. Bring your smile and energy. Open to all levels. Drop-in \$4.00, if space permits.

#### SPRING

W May 13-Jun 24 1:45 pm-3:15 pm  
604255 \$24.50/7 sess

#### SUMMER

W Jul 8-Aug 26 1:45 pm-3:15 pm  
608485 \$28/8 sess

## Music

### Chinese Choir

55+ yrs • Instructor: Catherine

For anyone who loves singing and would like to learn some techniques to improve their singing skills. Learn how to breathe, read the music notes, count the beat and more while enjoying the singing with a group of friends. Drop-in \$4.00, if space permits. 長者中文歌唱班

讓我們一起探索音樂之美, 在愉悅的氣氛中學習唱歌技巧, 包括呼吸控制、音準及節奏的掌握、情感表達等, 找到個人風格與舞台魅力, 發掘自己的天賦!

#### SPRING

W May 13-Jun 24 10:00 am-11:30 am  
601662 \$24.50/7 sess

#### SUMMER

W Jul 8-Aug 26 10:00 am-11:30 am  
608484 \$28/8 sess

## CRA Volunteer Income Tax Program

**\*\*This service is offered to those who qualify within Thunderbird Catchment only. You must register in-person and show proof of address. The CRA Volunteers will not file for anyone who does not meet the criteria listed below. No exceptions.**

Individuals must meet the following criteria:

### 1) Income Level

Family Size	Family Income
One Person	\$35,000
Two People (couple or single with 1 dependent)	\$45,000
Additional Dependents add \$2,500 each	

### 2) Simple Returns Only

The following will not be prepared:

- have self-employment income
- have business or rental income and expenses
- have capital gains or losses
- have employment expenses
- file for bankruptcy
- are completing a return for a deceased person
- Interest income must be less than \$1,000

Wed 5:30pm-7:30pm

March 4, 11, 18 & 25

April 1 & 8

Sat 9:30am-12:30pm

Mar 7, 14, 21 & 28

April 4 & 11

You may register for your 20 or 30 minute appointment starting **Feb 14** at our front office.

Arrive on time and be prepared with all of your documentation including your 2024 Notice of Assessment.

\*One Return per appointment

\*\* Remember to book a separate appointment for family members back to back for each return and **NOT** for the same

## Sports

### Table Tennis & Pool Table Drop-in Only

55+ yrs • Instructor: Non-Instructional

Come and join us for friendly single and double competitions, have some fun, meet new people and get some exercise while doing something you enjoy. We have 3 tables tennis and 1 Pool table available. All levels are welcome. Drop-ins \$1, space permitting. Limited equipment is available..

Tu Apr 7-Jun 9 10:00 am-12:00 pm  
601175 \$1.90/drop-in

Th Apr 9-Jun 11 10:00 am-12:00 pm  
601174 \$1.90/drop-in



We thank the BC government for our Gaming Grant, which allows TNA to provide low-cost and accessible recreational programs for community members.

## Social

### Social Dance

**Instructor: Non-Instructional**

Cha Cha, Rumba, and Jive to the classics and beyond to modern day tunes. We don't offer lessons but others are happy to teach you what they know. No partner necessary and all are welcome. Coffee and tea are provided. No session April 6 and May 18.

**M** Apr 13-Aug 31 12:30 pm-2:30 pm  
603171 \$1.50/drop-in

### Social, Lunch and Games

**Instructor: Estela & Jana**

This program offers various table games and social time to enjoy with other older adults. Spend the afternoon playing cards, dominoes, crib and scrabble or just hang out and make a new friend. A light lunch is served between 12-12:30pm. In-person registration only.

**SPRING**

**Tu** Apr 7-Jun 16 12:00 pm-2:00 pm

**SUMMER**

**Tu** Jul 7-Aug 18 12:00 pm-2:00 pm  
603189 \$6/sess

### Soup's On/Salad & More

**Instructor: Estela & Arianna**

A nutritional meal is served by enthusiastic youth volunteers who are also learning many life lasting skills. You are invited to stay and play a variety of table games after dinner. In-person registration only.

**SPRING**

**Th** Apr 2-Jun 18 5:00 pm-7:00 pm

**SUMMER**

**Th** Jul 2-Aug 20 5:00 pm-7:00 pm  
603207 \$2/sess

### Chinese Speaking Seniors Group Social

**Instructor: Non-Instructional**

Choir, Tai Chi, guest speakers, singing, seasonal celebrations and outings are among the activities to be enjoyed. There is an Annual Program Fee of \$10 for fiscal year September 1 to August 31. (not pro-rated). No program April 3.

**F** Apr 10-Aug 28 9:30 am-11:30 am  
568539 \$10/annual

## Workshops



**COSCO Senior's Health & Wellness**

### Technology and Aging

Learn how technology can help manage the demands of daily living, connect with family and friends and access assistance when needed.

**Tu** Apr 21 12:30 pm-1:30 pm  
545816 FREE



### Safety Talks with Hastings Sunrise Community Policing

Join the Hastings Sunrise Community Policing Centre staff and volunteers for senior's talks on crime prevention and safety programs following the senior's lunch program.

**Tu** May 12 12:15 pm-1:00 pm  
603119 FREE

### Movie in the Park

Jointly sponsored by Thunderbird Community Centre and HSCPC. Come to Sunrise Park at 1950 Windermere Street to watch our feature movie. Watch for the posters in early July. Starts at dusk (approximately 8:30pm). Bring your blankets and chairs and enjoy this free, fun family event.

**F** Aug 14 8:00 pm-10:00 pm



## Skeena High-Rise Residents Programs

### Coffee Cart

Jana will be dropping by with the coffee cart. She will bring handouts and reminders of the weeks activities. Sign up for a trip you would like to join when you see her. This program is for Skeena high-rise residents only. No session April 6, May 18 & Aug 3.

**SPRING**

**M** Apr 13-Jun 22 10:00 am-11:30 am

**SUMMER**

**M** Jul 6-Aug 24 10:00 am-11:30 am

### Morning Bingo and Lunch

Skeena high-rise tenants are invited to join Jana in the dining room for weekly bingo and social time followed by lunch with Estela.

**SPRING**

**W** Apr 1-Jun 17 10:30 am-12:30 pm

**SUMMER**

**W** Jul 8-Aug 19 10:30 am-12:30 pm

### Coffee Break

Join Jana in the dining room on Thursday mornings for a cup of coffee or tea. Grab a word search or sudoku or just socialize with others. There will be seasonal craft project from time to time. Watch for the posters.

**SPRING**

**Th** Apr 2-Jun 18 10:30 am-12:00 pm

**SUMMER**

**Th** Jul 2-Aug 20 10:30 am-12:00 pm

### Shopping Shuttle-Skeena Terrace & Beulah Garden

Simon will pick you up in the parking lot (Skeena) or in front of Aspen Green (4th Ave) or in front of the Bentall building (5th Ave) and take you to several local retail stores in the immediate area. This is a great time to pick up those heavier items so you don't have to walk home with them. The dates and times will be posted at Skeena and at Beulah. This program is for Skeena and Beulah residents only. Free

**F** Apr 10, 24 9:30 am-12:00 pm

**F** May 8, 15, 22 9:30 am-12:00 pm

**F** Jun 5, 9 9:30 am-12:00 pm

**F** Jul 10 9:30 am-12:00 pm

## Senior's Out-Trips

Cancellations without a doctor's note will be considered up to 72 hours before your trip. A \$4.00 administration fee will apply to cancellations without a note. Arrive 15 minutes early. A completed consent form is mandatory to attend our trips. In-person registration at Thunderbird only. GST is applicable on all out-trips.



## Spring



### Cherry Blossom Drive

**Instructor: Simon**

Vancouver's 43,000 cherry trees contribute to the general public's aesthetic enjoyment and artistic appreciation through accessible public performances and exhibitions. We will explore several destinations on the neighbourhood maps.

Th Apr 16 10:00 am-2:00 pm  
602113 \$10/sess

### Revs Bowling

**Instructor: Simon**

Besides being a fun and competitive game, bowling also offers you numerous health benefits such as muscle toning and strengthening. Bring a friend and enjoy some friendly competition at the local 10 pin bowling alley.

Th Apr 30 10:00 am-2:00 pm  
603066 \$10/sess

### Dundarave Village/ Ambleside

Dundarave is a seaside village in West Vancouver with a shopping street that stretches a couple of blocks with quaint shops and restaurants. Take a walk on the Seawall which runs along the ocean all the way to Ambleside.

Th May 7 10:00 am-2:00 pm  
603067 \$10/sess

### Burnaby Village Museum/ Deer Lake Park

**Instructor: Simon**

Enjoy this re-creation of a 1920s village with costumed staff to welcome you and demonstrate how life once was in and around the lower mainland. You might be lucky and see the blacksmith at work or maybe talk to the teacher in the one room schoolhouse.

Th May 14 10:00 am-2:00 pm  
603069 \$10/sess

### VanDusen Botanical Garden

**Instructor: Simon**

Be inspired by VanDusen Botanical Garden's 22 hectares of elegant landscapes. There is also a significant sculpture collection, featuring artists such as Bill Reid, David Marshal and Sebastian.

Th May 21 10:00 am-2:00 pm  
603068 \$10/sess

### White Rock

**Instructor: Simon**

You will have time to stroll the boardwalk, browse the shops and have lunch. You may pack a picnic or purchase something there. Fish and chips at the beach is always a favourite. Don't forget to pack your hat, water and sunscreen.

Th Jun 11 9:30 am-3:00 pm  
603070 \$10/sess



## Seniors' Week

Join us for Seniors' Week June 1-7, 2026 when we recognize our seniors & their contributions to our community! Please check [vancouver.ca](http://vancouver.ca) for special events & programs happening this week.

## Summer

### Derby Reach Regional Park

**Instructor: Lorraine**

Derby Reach was the original Hudson's Bay Trading Post location built in 1827 along the Fraser River. Take a stroll on a forest trail, take in the view of the mountains and check out the Heritage Area to learn about life at the Fort, a Stolo Village, before it was relocated in 1839 to its current location. Enjoy lunch with time to relax before heading back to Thunderbird. (Lunch is included).

Th Jul 9 9:30 am-3:30 pm  
604345 \$30/sess



### Port Moods Arts Centre/ Rocky Point

**Instructor:**

The Port Moody Arts Centre has three gallery exhibition spaces where they host exhibits throughout the year of local-to-international artists in all media. Tour the gallery as well as the ceramic, visual arts and music studios. Bring your lunch for a picnic at Rocky Point Park.

Th Jul 16 9:30 am-2:30 pm  
604367 \$10/sess



### Squamish

**Instructor:**

Sit back and relax on this scenic drive. We will take in the panoramic views at Porteau Cove before continuing to Shannon Falls where you will see the third tallest fall in BC. Next you will have approximately two hours of free time to explore downtown Squamish.

Th Jul 23 9:30 am-3:30 pm  
605225 \$10/sess

### Out Trip-Whonnock Lake

**Instructor:**

Spend a relaxing day by the lake in nearby Maple Ridge. Pack a picnic lunch, water, a hat and sunscreen. If time permits on the way back we will make a short stop at Dr. Bee Honeyland.

Th Jul 30 10:00 am-3:00 pm  
605226 \$10/sess

### Harrison Hot Springs

**Instructor: Lorraine**

You will have time to browse the village shops and stop for lunch. Picnic tables run alongside the lake if you prefer to bring your lunch. The public mineral pool is available for a fee.

Th Aug 6 9:00 am-5:00 pm  
605228 \$30/sess

### Golden Ears

**Instructor:**

Pack a picnic lunch and spend the day at the lake in one of the largest provincial parks in BC. Take in the beautiful scenery as you relax by the lake enjoying a meal with friends. Don't forget your hat, sunscreen and water.

Th Aug 13 9:30 am-3:00 pm  
605227 \$10/sess



### Belcarra Park

**Instructor:**

Belcarra is a popular picnic area with some nice hiking trails, a dock just for crabbing and if you are hungry, a concession to buy a burger. You might spot some eagles or harbour seals while you take in the beautiful scenery.

Th Aug 20 9:30 am-2:30 pm  
605229 \$10/sess

### CATCHMENT REGISTRATION

Catchment registration allows priority registration for residents living between the north side of Grandview Highway to the south side of East 1st Avenue and the East side of Renfrew Street to the west side of Boundary Road.

Registration during catchment registration is for yourself or your immediate family living in the same household. To qualify, you must register in person and bring the following:

- 1 piece of government-issued photo identification (driver's license, BC ID, Passport) and
- 1 bill issued within 30 days showing your name and address (BC Hydro, cable, internet bill)

# FITNESS CENTRE



## HOURS OF OPERATION

### SPRING (Apr 1-Jun 26)

Mon-Fri . . . . . 9:00 am-8:50 pm

Sat. . . . . 9:00 am-4:50 pm

Sun & Apr 4, 6, May 18 . . . . . Closed

### SUMMER (Jun 27-Sep 6)

Mon-Fri . . . . . 8:45 am-7:50 pm

Sat, Sun & Jul 1, Aug 3 . . . . . Closed

## ADMISSION FEES

Type	Single drop-in	10-visit pass	1 month	3 months
Adult (19-54 years)	\$4.25	\$38.25	\$32.55	\$81.90
Youth (13-18 years)	\$2.75	\$24.75	\$16.80	\$42.00
Senior (55+ years)	\$2.75	\$24.75	\$16.80	\$42.00

*Prices listed above include tax. Fees are subject to change.*

You need to be 13 years and older to use the fitness centre. Thunderbird Fitness Centre passes only work at Thunderbird Community Centre. Please inquire about a *Flexipass* should you wish to use other fitness centres, pools and ice rinks within the Vancouver Park Board system.

## LOCKERS

We have lockers available to store any larger items like a backpack and jacket while you workout. Please bring your own lock. \*Overnight storage is not available. Any locks found at the end of the night will be cut off.

If you have smaller items only, such as keys and a wallet, we have a wallet locker available. A lock is not required, you can set your own combination.

## LEISURE ACCESS PROGRAM

Patrons enrolled in the Leisure Access Program may receive 50% discount on single drop-in and monthly pass fees. For more information, please visit: <https://vancouver.ca/parks-recreation-culture/leisure-access-card.aspx>



# FACILITY RENTALS

Room	Square Footage	Capacity	Rates Operational Hours*	Rates Non-operational Hours
Meeting Room	320	15 people	\$25/hour	\$50/hour
Small Activity Room	620	30 people	\$25/hour	\$50/hour
Multi-purpose Room	1200	100 people	\$55/hour	\$80/hour
Gymnasium	4200		Not available	\$75/hour

\*Operational Hours: See page 3 for operating hours.

Non-operational hours: Rates include a rental supervisor, and require a minimum rental of 2 hours. A \$200 damage deposit may be required upon booking.



Meeting Room



Multi-Purpose Room



Small Activity Room



Gymnasium

## Policy & Procedures

The setup and clean-up is the responsibility of the rental group and time for this should be included in the booking. Failure to do so within the rented time will result in additional charges. Only tables and chairs (and nets for gym rentals) are provided. All other equipment must be brought in by the rental group. No helium balloons, outside bouncy castles, open flames, or confetti is allowed. No alcohol may be served on the premises. Instructional programs and business sport leagues are not permitted as rentals.

## Check Availability & Submit Rental Request

To check availability or to submit a rental request, email [thunderbirdcc@vancouver.ca](mailto:thunderbirdcc@vancouver.ca) with the specifics of your rental request, or visit the front office to pick up a rental request form. Reservation requests are reviewed within 5-10 business days. Staff will contact you directly regarding the next steps to secure your booking. Room rental requests with less than 7 days notice may not get processed.

## Rental Confirmation & Payment

Rentals are not confirmed until payment is made and, if applicable, proof of insurance coverage has been submitted. **Payments** must be fully paid at least 1 week prior to your first rental date, otherwise the rental will be cancelled without notice. **Cancellations** must be made at least 7 days prior to the rental date/time for a single rental date, or 30 days prior to the rental date/time for seasonal rentals/weekly reservation dates.

Contact us: 604-713-1818 · [thunderbirdcc@vancouver.ca](mailto:thunderbirdcc@vancouver.ca)

RELAX AND ENJOY YOUR

# Birthday Party

## Multipurpose Room Package \$185

All the fun is packed in the Multi-Purpose Room! Includes a small bouncy castle, plasma cars, bouncy toys and toys. Ideal for children aged 3 and under, but up to 5 years old is allowed. This package is for approximately 15 children and 35 adults, for a total of 50 guests.

### Saturdays

11:15am-1:15pm

2:15pm-4:15pm

### Sundays

11:00am-1:00pm

2:00pm-4:00pm



## Gymnasium Play-Gym Package \$215

Ideal for older children (up to 8 years of age), our play gym includes a large bouncy castle, plasma cars, toys, soft blocks, and sports equipment. This package is for approximately 25 kids and 45 adults, but up to 100 guests is the maximum (30 kids and 70 adults).

### Saturdays

11:30am-1:30pm

2:00pm-4:00pm

### Sundays

10:00am-12:00pm

12:30pm-2:30pm

3:00pm-5:00pm



Birthday Packages are available for registration on [www.vanrec.ca](http://www.vanrec.ca).

Search for Activity "Birthday Party" and filter to Thunderbird under "Where"

- All bookings are first come-first serve. Bookings must be paid to secure your spot. Waitlisting is not available.
- A damage deposit of \$100 is required for each party time slot.
- Table covers are mandatory and are available at the Centre for \$2/table cover.
- No access to a kitchen, fridge or freezer.
- 30 day minimum for full refund minus \$25 admin fee. See page 2 for more details for withdrawing or transferring.
- Visit [www.thunderbirdcc.ca](http://www.thunderbirdcc.ca) for a full list of policies.
- TSBC License #LAM0200026